

Dr. Amin Gholami

Kinesiologist, Children's Movement Trainer- Autism Exercise Specialist

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Professional Summary

I am a dedicated kinesiologist with a Ph.D. in Sport Sciences, committed to advancing fitness and motor development for children's motor development, particularly those with special needs focusing on Autism. With extensive experience in creating tailored movement and exercise programs, I focus on improving functional movement, strength, coordination and behavioral issues. I currently work with over five clinics in Vancouver, providing evidence-based services that enhance physical outcomes and quality of life for children with diverse needs. I am passionate about guiding children toward adaptive sports, helping them build confidence and skills in a supportive, inclusive environment.

Professional Experience

-Kinesiologist/ Department Supervisor

All Brains Clinic | Vancouver, BC | Dec 2024 – Present

-Motor Development Assessor – Conducting standardized assessments of motor development using MABC-3 Test and designing and delivering individualized fitness, movement, and postural training programs tailored for children on the autism spectrum.

-Kinesiologist

Hope Road Clinic, North Vancouver, BC | March 2025 – Present

-Provide in-clinic kinesiology services tailored to the needs of autistic children, focusing on physical development, motor coordination, and sensory integration.

-Kinesiologist

Mind Haven Therapy, West Vancouver, BC | June 2025 – Present

Provide in-clinic kinesiology services for children with autism, focusing on enhancing motor skills and physical fitness.

-Kinesiologist

Paradise Life Academy, North Vancouver, BC | May 2025 – Present

Offer personalized in-clinic kinesiology sessions for children with autism, targeting physical development, motor proficiency, and fitness.

-In-home mobile Kinesiologist for Autistic Children (Private Clients) Vancouver, BC

February 2024 – Present

Provide in-home kinesiology services tailored to the needs of autistic children, focusing on physical development, motor coordination, and sensory integration.

Certifications & Professional Development

- Children's Fitness Coach – Canfitpro (Canada)
- Certified Physical Literacy Coach – Kiddo, University of Western Australia
- Autism Exercise Specialist – American College of Sports Medicine (ACSM)
- Certified Personal Trainer, Corrective Exercise Specialist, Childhood & Adolescent Scoliosis Specialist – ISSA, USA
- BC Certified Gymnastics Coach, Vancouver, Canada
- Children's Motor Skill Learning Coach – MSL Academy, Switzerland
- Balance and Mobility Specialist Instructor – Center for Successful Aging, CSUF, USA
- CPR/AED/First Aid – Certified in Canada